

TIC DISORDER & TOURETTE SYNDROME DIAGNOSTIC ASSESSMENT GUIDE INFORMATION FOR ADULTS & ADOLESCENTS

The Process



Initial Consultation

The initial consultation lasts 60 minutes and explores current concerns, including any mental health difficulties. The initial consultation is conducted with the client. We will then make a recommendation regarding the next steps.

01



Pre-assessment

Neurodevelopmental questionnaires are sent out to the client and returned to us prior to your next appointment.

02



Diagnostic assessment

The structured diagnostic interview lasts approximately 1-2 hours. This includes the client and can include an informant. The interview involves questions about the client's historical and current tics, their frequency, and their severity. This is typically conducted online via video call.

03

A video of the client is also collected lasting 5 to 15 minutes. This should include the full range of the client's tics.



Next Steps

We schedule a feedback meeting with the client to explain our diagnostic decision and provide them with a detailed diagnostic report with personalised recommendations.

04



Frequently Asked Questions

Will the assessment be recognised by the NHS?

Our assessment and diagnosis process follows best practice guidelines of the European Society for the Study of Tourette Syndrome (ESSTS). Most Tourette Syndrome (TS) specialists in the UK follow the European guidelines as the UK National Institute of Clinical Excellence has not yet developed guidance on TS.

Will the report be shared with the NHS?

The client can choose to share the assessment outcome and report with their NHS GP.

Where are in-person appointments held?

The psychological assessment process usually takes place online. If required, in-person meetings may take place in West Sussex, Surrey or Kent.

How long does the assessment take and how much does it cost?

The assessment process usually takes place over the course of a few weeks. For our most up-to-date prices please see our website [here](#). We also offer payment instalment plans if requested.

What will the diagnostic report include?

The report includes detailed information about the assessment and diagnostic decision, as well as personalised recommendations for the client.



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