

ADHD DIAGNOSTIC ASSESSMENT GUIDE INFORMATION FOR CHILDREN & YOUNG PEOPLE

The Process



Initial Consultation

The initial consultation lasts 60 minutes and explores current concerns, including any mental health difficulties. The initial consultation is conducted mostly with the parents, with the child attending briefly. We will then make a recommendation regarding the next steps.

01



Pre-assessment

Neurodevelopmental questionnaires are sent out to parents and returned to us prior to their next appointment.

02



ADHD Assessment

The 60 - 90 minute diagnostic interview (Young DIVA) is conducted online with the parents. The 60 minute observational assessment is usually conducted in-person.

The observational assessment consists of the QB check - a computer based test of attention and concentration, and play-based activities to encourage engagement while Young DIVA questions are administered informally.

03



We collect school reports and meet with the child's SENCO or class teacher for additional information.

Next Steps

We schedule a feedback meeting with the parents to explain our diagnostic decision and provide them with a detailed diagnostic report with personalised recommendations.

04



Frequently Asked Questions

Will the assessment be recognised by schools and the NHS?

We use the same high-quality standards as the NHS and follow the best practice guidance by the UK National Institute for Health and Care Excellence (NICE, 2018). We liaise with schools and utilise recognised high quality diagnostic tools to ensure that our report is recognised by the child's school.

Will the report be shared with the NHS?

The family can choose to share the assessment outcome and report with their NHS GP.

Where are in-person appointments held?

The psychological assessment process usually takes place online. In-person meetings may take place in West Sussex, Surrey or Kent.

How long does the assessment take and how much does it cost?

The assessment process usually takes place over the course of a few weeks. For our most up-to-date prices please see our website [here](#). We also offer payment instalment plans if requested.

What will the diagnostic report include?

The report includes detailed information about the assessment and diagnostic decision, as well as personalised recommendations for the child, family, and school.



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