



Neurodiverse Online Ltd

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DYSLEXIA ASSESSMENTS FOR ADOLESCENTS AND ADULTS: INFORMATION FOR PATIENTS AND THEIR FAMILIES

Our dyslexia assessments follow best practice guidance from the Specific Learning Difficulties Standards Committee (SASC, <https://sasc.org.uk/>), with an assessor who holds an up-to-date Assessment Practicing Certificate, demonstrating commitment to ongoing CPD (Continuing Professional Development) and high-quality assessment.

What is dyslexia?

Dyslexia is a Specific Learning Difficulty, which primarily affects reading and spelling. Everyone's experience of dyslexia is different, but the following could be signs of dyslexia in older children and adults.

- Confusing words which look similar
- Spelling erratically
- Finding it hard to skim or scan text.
- Having to re-read to understand what you have read.
- Working slowly when reading or writing
- Struggling to record your thoughts or knowledge on paper.
- Having difficulty organising thoughts on paper.
- Written work does not match verbal skills and knowledge.
- Feeling mentally overloaded and switching off
- Difficulty telling left from right.
- Becoming confused when given several instructions at once
- Forgetting conversations or important dates
- Difficulties with organisation, time management and prioritising
- Avoiding certain types of work or study
- Finding some things very easy and others unexpectedly hard



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What is a dyslexia assessment like?

Before the assessment background will be collected relating to educational development and literacy skills. Dyslexia assessments take approximately 3 hours, with breaks.

To be assessed for dyslexia you will need to complete a range of different tasks, looking at different aspects of cognitive processing and literacy skills.

- Phonological Awareness
- Phonological Memory
- Processing Speed
- Working Memory
- Verbal and Visual Reasoning Abilities
- Reading Accuracy and Comprehension
- Spelling and Writing

An assessment does not guarantee a diagnosis, but it will provide you with greater understanding of your strengths, the way you learn and any challenges and make recommendations of strategies, technology and apps you can use to support yourself at school, college, in the work place in your daily life.

Can you have a dyslexia assessment by video call?

Yes, remote assessments for dyslexia were approved in 2020. One of the benefits of remote assessment is they take place in an environment you are relaxed in.

For an online assessment you will need:

- A desktop computer or laptop (the assessment cannot take place on a mobile phone or small tablet)
- Microphone and camera,
- Decent internet connection
- Quiet place to complete the assessment.
- 6 sheets of A4 paper and a pen.
- An eye test in the last 2 years



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